



COLUMBIA SHUSWAP SELKIRKS SWIM CLUB

2026 Askew's Shuswap Splash

Sanctioned by Swim BC: #61368

DATE: February 6-8, 2026

MEET MANAGER: • Jill Bach-Jones
meets.selkirks@gmail.com

REFEREE: • Tara Walters
tarawalters@shaw.ca

OFFICIALS • Kim Scranton

COORDINATOR: secretary.selkirks@gmail.com

LOCATION: • SASCU Recreation Centre
2600-10th Ave NE, Salmon Arm, BC -
250.832.4044

FEATURES: • 6 lanes x 25m Competition Pool
• Time Drops – Electronic Timing System

ENTRIES: • Individual entries are limited to 8
individual events.
• Max 3 per session

START TIMES	
Friday February 6, 2026	
Warm – up*	5:30pm – 6:00pm
Session 1**	6:10pm – 8:00pm
Saturday February 7, 2026	
Warm – up*	7:15am – 7:45am (group one) 7:50am – 8:20am (group two)
Session 2**	8:30am – 12:00pm
Warm – up*	2:00pm – 2:30pm (group one) 2:30pm – 3:00pm (group two)
Session 3**	3:15pm – 7:00pm
Sunday February 8, 2026	
Warm – up*	7:15am – 7:45am (group two) 7:50am – 8:20am (group one)
Session 4**	8:30am – 12:00pm
	*Warm up times may change depending on numbers. ** Session lengths are approximate.

We humbly acknowledge that this swim meet, and all activities of our club, are taking place on the unceded territory of the Secwepemc people. As a club, we commit to supporting the health and well-being of youth through swimming as an act of reconciliation.

SAFE SPORT STATEMENT

- All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others. Separate ADULT washrooms are located in the hall between the pool lobby and auditorium.
- **Deck changes are EXPLICITLY PROHIBITED.**
- *In order to minimize risk, all photographs and video taken at Swimming Canada/Swim BC sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.*

ELIGIBILITY

- All swimmers must be properly registered with Swimming Canada/Swim BC, or a World Aquatics recognized club.
- Swimmers who have previously qualified Provincial time standard events as set by Swim BC at entry deadline will be able to swim those events as **EXHIBITION** only. No points or ribbons will be awarded.
- Swimmers must have achieved a 200IM time of 4:00.00 or faster to be eligible to swim at this meet.

MEET RULES

- Swimming Canada and World Aquatics rules will apply.
- Swim BC Competition Warm-Up Safety Procedures will be in effect at this meet.
- Dive and pace lanes will be announced in the last 10 min of each warm-up.
- From the deep end: Starts shall be permitted from starting platforms (blocks) as per World Aquatics FR 2.3 and SW 4.1.
- All events will be swam as Timed Finals from slowest to fastest and mixed gender. One (1) swimmer per lane.
- Ages are determined as of the first day of the meet (Feb. 6, 2026).
- Age groups for this meet will be 10 & under; 11-12; 13-14; 15 & over.
- "NT" times will be accepted for 50s and 100s only.
- Custom times will be accepted.
- Relays will be swam open age with only 1 entry per swimmer. No points will be given in relays.
- To maintain reasonable session lengths, the meet manager reserves the right to limit/alter the meet to fit timelines. This may mean limiting the number of entries in the 400m race. Notification will be given to clubs should this occur, and an alternate event may be submitted prior to Feb. 1, 2026 at 9:00pm.
- Please be respectful and refrain from wearing scented products.
- All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim BC. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.
- Coaches are reminded that once the competition begins, the field of play is reserved for swimmers, officials and support staff. Coaches are NOT permitted behind the starting blocks or at the turn end but are welcome to coach and encourage their swimmers from the sides of the pool.
- Use of cameras not permitted at the start & turn end of the pool.
- This competition can provide the following accommodations for swimmers who are D/deaf or Hard of hearing:
 1. Non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as 'support staff'
 2. Visual hand signals given by the starter/refereeClubs must contact Meet Management by the Entry Deadline of the need for accommodations.
- The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2. The "misconduct" shall include but is not limited to (C.2.3.2.1):
 - Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
 - Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
 - Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

ENTRY LIMITS

- Entries will be limited to the club registering the 200th swimmer. Swimmers are limited to a maximum of 8 individual events and no more than 3 individual events per session.

ENTRY DEADLINES

- **Entries must be submitted through the Swimming Canada online system, as all entries must be submitted through REMS.** Entries may only be submitted for swimmers whose registration is ACTIVE in the REMS database.
- All entry files must contain the complete and accurate information as required (the same as if uploading to the SNC online system) - this includes swimmer 9-digit ID #, name, correct date of birth, and gender.
- **All entries must be received by January 30, 2026 at 9:00pm PST.** Scratches will be accepted until Tuesday February 3, 2026 after which the psych sheets will be posted, and no refunds will be issued.
- Late entries may be accepted at the discretion of meet management; if accepted, there may be a surcharge.

- Relay names must be submitted 30 min prior to the start of the session in which they are to be swum.
- **Distance Event** – The 400m event will be limited to 3-4 heats at the discretion of the meet organizers. There will be a positive check in at the start of session 1. Feb 6, 2026 at 6:10pm.
- **Relay Events** – Relay names must be submitted to the Administration Desk at the start of the session the relay is to be swum in.

ENTRY FEES

- \$11.00 per individual event; \$5.50 surcharge per swimmer (includes \$5.00 Swim BC Competition Surcharge fee and \$0.50 Okanagan Splash Fee). Late entries may be charged a \$20 penalty per swimmer at the discretion of the meet manager.
- \$14.00 per relay event
- We accept cash, cheques and eTransfer. All fees must be paid by your Club prior to the start of the meet.
Please make cheques payable to Columbia Shuswap Selkirks Swim Club (CSSSC), or via eTransfer to: selkirks.swim@gmail.com. Please ensure club contact *name, email and phone number* are included with the payment.

DECK ENTRIES

- Deck entry cost: \$15.00/individual event plus splash fees (if not previously paid).
- Deck entries will be permitted to fill any empty lanes only.
- Deck entries and fees must be in the hands of the Administration Desk one hour prior to race start.
- Deck entries will only be allowed for swimmers already registered in the meet and must include the swimmer's correct Swimming Canada nine-digit ID number, as well as the swimmer's correct birthdate (MM/DD/YYYY). Deck entries are exhibition swims and do not count for points or awards.

REFUNDS

- There will be no refunds for individual event scratches made after the scratch deadline **of Tuesday February 1, 2026**.
- Swimmers who are required to scratch from the meet due to medical reasons must submit a medical certificate to the meet manager, **via their Club Organizer**, to receive a refund of meet fees.

AWARDS

- All results will be broken into age groups and gender.
- For individual events, ribbons will be awarded for 1st-10th place based on gender and the age groups 10 & under, 11-12, 13-14, and 15 & over.
- Best time ribbons for 10 & under only.
- High Point Team Trophy with points generated from 1st-10th place, 12-10-9-8-7-6-5-4-3-2.

VISITING OFFICIALS

- We welcome visiting officials and volunteers. If interested, please email our coordinator.
Kim Scranton at secretary.selkirks@gmail.com

ACCOMODATION

- Both the Prestige Harbourfront at 251 Harbour Front Dr. NE and the Comfort Inn at 1090 22st NE provide youth sports teams with discounted room rates. Please call to reserve and state that you are with the Selkirks Swim Meet. There is also a variety of hotels within walking distance of the SASCU Recreation Centre and others nearby that will require transportation.



COLUMBIA SHUSWAP SELKIRKS SWIM CLUB

2026 Askew's Shuswap Splash

February 6-8, 2026

Session 1 – Friday PM	Session 2&4 – Sat/Sun AM	Session 3 – Saturday PM
Warm up: 5:30pm – 6:00pm Start: 6:10pm The SASCU Recreation Centre will have its doors open at 5:15 pm	Warm up: 7:15am – 7:45am Warm up: 7:50am – 8:20am Start: 8:30am The SASCU Recreation Centre will have its doors open at 7:00 am	Warm up: 2:00pm – 2:30pm Warm up: 2:30pm – 3:00pm Start: 3:15pm The SASCU Recreation Centre will have its doors open at 1:45pm

Event	Friday February 6, 2026 – Session 1	Age
1	50m Backstroke	MIXED
2	50m Butterfly	MIXED
3	400m Freestyle	MIXED
Saturday February 7, 2026 – Session 2		
4	200m IM	MIXED
5	100m Breaststroke	MIXED
6	100m Freestyle	MIXED
7	200m Backstroke	MIXED
8	4x50 Freestyle Relay	MIXED
Saturday February 7, 2026 – Session 3		
9	200m Breaststroke	MIXED
10	50m Free	MIXED
11	100m IM	MIXED
12	200m Butterfly	MIXED
13	400m IM	MIXED
Sunday February 8, 2026 – Session 4		
14	200m Freestyle	MIXED
15	50m Breaststroke	MIXED
16	100m Butterfly	MIXED
17	100m Backstroke	MIXED



COMPETITION WARM-UP SAFETY PROCEDURES

For all Swim BC sanctioned competitions, Meet Management must ensure the following warm-up safety procedures are implemented. Coaches, swimmers, and officials share responsibility for adhering to these guidelines during all scheduled warm-up periods. Coaches are encouraged to support Safety Marshals in promoting a safe environment.

GENERAL WARM-UP

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Swimmers shall always be aware of their surroundings and keep the end walls clear.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- **Swim BC recommends that**, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Swimmers exiting sprint lanes must exercise caution and remain aware of their surroundings. When crossing into other lanes, they shall ensure they do not interfere with ongoing sprint activities, pace work, or lanes designated for Para swimmers.
- Coaches shall decide if their swimmer is ready to safely participate in pace work in designated pace lanes and must be directly supervised by their coaches.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have sufficient lifeguards on deck. There will be no Safety Marshals in place during pre-event training.
- Safety marshals will only be placed in the competition pool when warm-ups take place.

EQUIPMENT

- Only Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at Meet Management's discretion and recommended only for national events or senior competitions.
- At Meet Management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.

VIOLATIONS

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer's name and club shall be registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer shall be removed from the remainder of the competition by the Competition Coordinator/Meet Referee.

SAFETY MARSHALS

The Safety Marshal is a trained position designated by Meet Management. Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official, whenever possible. Safety Marshals shall:

- Be visible by safety vest.
- Be briefed thoroughly on the warm-up procedures
- Be situated at each end of the competition pool. Actively monitor all scheduled warm-up periods during competition days;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee. A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions. Depending on the level of competition, Safety Marshals have a role in helping work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

PARA-SWIMMER NOTIFICATION

- Coaches are requested to notify Meet Management of any Para swimmers participating in warm- ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.
- Where a para lane is designated, only classified swimmers may use it. Violations may lead to disciplinary action.

“SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”